



# Compel Wellness

Rebalance, Reconnect, Renew

## Compel Wellness Empowerment Series

**10 One hour sessions**

**Cost: \$1333.00**

### **Purpose of this series:**

The Empowerment Series focuses on facilitating deep healing by addressing the root causes of both emotional and physical trauma. This series is designed to release trapped emotions, toxicities, resolve energetic imbalances, and promote the body's natural ability to heal from injuries and long-held emotional wounds. Through these sessions, clients can experience relief from pain, improved emotional resilience, and greater overall well-being. Each session builds upon the previous one, supporting a progressive journey toward alignment and holistic healing.

### **Session One:**

Check bio-markers and symptoms  
Begin to release your Heart-Wall

### **Session Two:**

Complete Heart-Wall work  
Release any trapped emotions lodged anywhere else in your body

### **Session Three:**

Release heavy metal toxicities

### **Session Four:**

Release agricultural toxicities  
Release radio frequency toxicities (non-native frequencies)

### **Session Five:**

Release physical trauma (address injuries and chronic pain)  
Release emotional trauma

### **Session Six:**

Release idea allergies

### Disclaimer

1. I am not a medical professional or licensed therapist. By purchasing an Emotion Code session, you agree that this service does not replace any psychological or medical treatment. Energy healing is a tool to help the body relax and naturally heal, and it can be used alongside psychological and/or medical treatment.
2. I agree to treat the Holistic Practitioner-Client relationship as confidential. All information exchanged is considered confidential unless you express intent to harm yourself or others.
3. I reserve the right to refuse service and do not offer refunds for completed services.



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## **Session Seven:**

Release pathogens (bacteria, viruses, fungus, mold)

Test for gut microbiome health and release anything that may be disrupting digestion and nutrient absorption

## **Session Eight:**

Spiritual/Body/Mind connection

Release negative entities and energies

## **Session Nine:**

Check for and clear parasites

Client specific release (check in on any symptoms, focus areas, etc)

## **Session Ten:**

Final reset! In this session we will reset your mind, body, and spirit with nature just how our creator intended you to be!

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